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JOINT PAIN?



BONE MARROW TREATMENTS WORK!

Are you one of the 50+ million Americans suffering from painful joints? Up to now there has been little recourse but to use aspirin and other pain killers called NSAIDs (anti-inflammatory drugs) which are treacherous, stealthy and often deadly! Last year these NSAIDs caused over 100,000 hospitalizations, **16,500 deaths** and 43% of all drug-related emergency room visits.

But there is another way; a much safer, gentler, all natural way using your own body's healing forces!

Most arthritis begins some time after 40 years of age often starting with a little pain at the base of the thumb(s) or a little pain in one knee, low back, shoulder, finger or even elbow. Often it is first noticed after doing more exercise than usual. As time goes by many people notice that the symptoms come and go for reasons they can't figure out other than when the painful joint is overused. It turns out that sugar and acid are the most common culprits in making arthritis worse. **People who stop drinking and eating sugars of all types and acid foods will see significant reduction or elimination of pain about 80-85% of the time.** If not, the simple addition of 200-500 mg. calcium to each meal should help since it buffers the excess acids in the joints. Inflammation of the joint causes pain, redness, immobility or stiffness, swelling and heat. These

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changes over time will cause degeneration of the painful joint and loss of or deterioration of the internal structure of the affected joint.

The two main structures damaged are the lining of the joint and the cushion (cartilage) that lies within the joint which allows the bones to move one on top of another.

Damaged cartilage has very limited repair capabilities because joint cartilage lacks a blood supply. **The newly discovered and truly only way to create new, healthy joint linings and cartilages is to inject stem cells into the partially destroyed joints!**

The process to make use of a patient's own bone marrow to rebuild cartilage has been perfected by Dr. Steenblock. To do this a patient is taken to the procedure room where vital signs are checked and an intravenous (IV) fluid line is started. This IV provides for administering a painkiller that can be given if needed. After that, iodine is painted on the surface of the hip bone and an injection of lidocaine pain killer is injected into the skin and down to the bone. After a few minutes a needle is inserted and bone marrow is drawn out by a 60 ml syringe. The bone marrow is then put into a centrifuge and spun down. The stem cells and factors (platelet rich plasma) are then drawn up into a smaller syringe and these are then injected into the affected

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"Joint Pain? Bone Marrow Treatments Work!"
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joint(s). Very simple yet very effective. **Most people will experience less pain and more mobility within a month after this procedure.** At times the person will have many joints affected. If so the bone marrow is injected intravenously which then migrates to all of the painful joints. When this is done, pain relief often occurs within the first day or two. If there is a great loss of cartilage patients should plan on having a repeat procedure every three to four months until the cartilage has repaired itself. In severe cases this may require up to a year and in part depends on how well the patient takes care of himself after the procedure.

Dr. Steenblock also makes use of Platelet-rich plasma and intra-articular injections of Hyaluronic Acid to foster joint repair in concert with stem cells.

Platelet-rich plasma: PRP is created from a small amount of a patient's own blood. The platelets and the growth factors & anti-inflammatory compounds they produce promote healing in damaged joints. A recent open pilot study of PRP and knee osteoarthritis showed great improvements:

<http://www.ncbi.nlm.nih.gov/pubmed/21403592>.

This method can be initially used for mild cases and also as a booster (if needed) after a bone marrow treatment.

Intra-articular injections of Hyaluronic Acid (Synvisc): Hyaluronic acid is a vital component of the joints since it is the liquid that the joint uses as lubrication. Recent studies have shown that HA helps stem cells

become cartilage when injected into a joint along with them. Various studies have also shown that when HA is injected into joints it counters inflammation and supports joint repair activities. One is posted at <http://ard.bmj.com/content/70/11/1957.full.pdf>.

Patients should consider asking their orthopedic surgeon for an injection of Synvisc shortly before a bone marrow joint treatment. This will save money.

Next Step: If you have a joint problem and want an all-natural and safe answer to your joint problem(s), call **1-800-300-1063** and let Dr. Steenblock get you off the "band aid medicine show" road and on the road to lasting improvements. Take action now!

NEWS FLASH! "Anti-Aging" herb reverses the effects of aging on stem cells!

Dr. Steenblock first heard of the use of TA-65® in 2008 when he was in London lecturing on the use of bone marrow transplants for the treatment of degenerative diseases. Since then, he has interviewed a number of people who had taken TA-65® for 6 months or more. Without exception they all claimed to have seen health improvements such as **increased endurance, better vision, increased sex drive, improved skin and less aches and pains.**

Then, a few months ago an elderly man and wife who had been taking TA-65® for two months came into Dr. Steenlock's Clinic to have a bone marrow

treatment. Dr. Steenblock warned them that a bone marrow treatment was often not very helpful at an advanced age but they insisted on going through with it anyway. To everyone's utter surprise and delight, they both had extraordinarily good results - *more so than anyone else has ever had at their ages.*

Naturally, after seeing all the positive things connected with TA-65® use, Dr. Steenblock began to study this product much more intensely. Many of his patients started to use it and to-date all of them have experienced near phenomenal results.

Dr. Steenblock then had TA-65® put to the test in the lab at his namesake nonprofit research center (Steenblock Research Institute). He and his stem cell biologist compared bone marrow stem cells taken from patients before and after using TA-65® and found that growth rates shot up consistently and substantially. This, Dr. Steenblock feels, helps account for the "anti-aging" effects seen clinically. As a result he recommends that older patients with chronic health problems try TA-65® for two or more months. But, since this is rather expensive his clinic is offering a substitute that costs less. He suggests that those who can afford TA-65® use it, and those who cannot try the new, less expensive but promising alternative product.

You can learn more about TA-65® at www.tasciences.com and order it at **1-800-300-1063**. ■

The [blue underlined words & phrases](#) are links that can be clicked (on-line version at www.stemcellmd.org)

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especially before retiring for the evening.

Plan ahead: Stay on the other side of “inebriated.” One way to do this is to determine how many drinks will put you at or over the legal limit for intoxication in your state. You can do this in seconds using *Discovery Health’s on-line Blood Alcohol Calculator*: <http://bit.ly/r1AaIp>. Or as a healthy alternative, just go to bed at 10 pm like I always do so you can get up on New Year’s and feel great!

New diet to fight cancer developed by Dr. Steenblock

Have you or someone you know been diagnosed with cancer? Up until now cancer doctors have told patients to follow their normal diet since diet “does nothing” to help a person who has cancer. Studies on-the-other-hand has shown that cancer cells need sugar (glucose) to grow and to thrive. New ways to help starve cancer have been discovered to thwart cancer cells uptake of sugar. One trick to pull this off is the use of a novel new diet developed by Dr. Steenblock that is predicated (in part) on having cancer patients avoid all sugar containing foods and drinks. If you have cancer, call [Dr. Steenblock’s Clinic](#) toll free at **1-800-300-1063** and schedule a phone consultation. Dr. Steenblock will then share how best to fight your cancer and convey vital information on other non-toxic particulars that can help you defeat this scourge. ■

Start 2012 off right with a Vampire Facelift™!



If you have entertained striking back against “Father Time” in 2012 by having a facelift but hesitated because of the hefty cost or post-surgical trauma involved, there is an alternative: The [Vampire Facelift™](#).

Exactly what is the Vampire Facelift™? Basically it involves the use of your own blood to make a skin regenerative gel. This elixir is then injected into the face where wrinkles and other imperfections exist. The growth factors in the gel exert healing and smoothing effects on the skin of the face by stimulating the stem cells that reside in the area. The Vampire Facelift™ is created from a simple blood sample taken from an arm vein. For older folks who need and want the best, a “Supercharged” true Anti-Aging Vampire Facelift can be had by doing a bone marrow transplant at the same time as the facelift. The 100 million to 500 million stem cells injected into the blood stream exerts an overall healing effect on the body while enhancing the effects of the Vampire Facelift™. (The injected skin rejuvenative gel attracts stem cells which are available in much greater quantities thanks to the bone marrow treatment). To learn more call Dr. Steenblock’s Clinic at

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1-800-300-1063, and ask to speak with Gina who does the Vampire Facelift™. She will answer all your questions about the facelift and Dr. Steenblock’s bone marrow treatment. Act now as the “new you” is waiting for you at Dr. Steenblock’s clinic!

New Year’s celebration health tips from Dr. Steenblock



Plan on welcoming in 2012 with champagne or some other alcoholic beverage? Here are some surefire ways help insure you drink responsibly:

Eat something with fat in it before you drink. This will help slow absorption of the alcohol you ingest.

For every drink you have, take three (3) capsules of [Stemgevity™](#) and one (1) vitamin B-50. This combination should make it possible for you to get up the next morning and function much better.

Dilute your drinks:

Dilute or water down your drinks. For example, add the same amount of water as wine to your glass. You will find you won’t get tipsy as quickly and your stomach will appreciate not being “tortured” by the alcohol.

Rehydrate: Alcohol acts as a diuretic, so drink some water and take extra [Stemgevity™](#)

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HOLIDAY SUPER SAVINGS SPECIALS



In order to take advantage of the prices below full payment must be received by January 15, 2012. The actual procedures can be scheduled during normal business hours during 2012.

JOINT BONE MARROW STEM CELL TREATMENT

- ☉ One Joint treatment normal price \$6000.00
- ☉ Christmas Special Check/credit card payment = \$3000.00
- ☉ If you pay with CASH = \$2500.00 for one joint treatment **BEST PRICE**
- ☉ Add \$500.00 for each additional large joint

TOTAL BODY BONE MARROW STEM CELL TREATMENT

- ☉ Full price \$6,000.00
- ☉ Check/credit card payment = \$4,200.00
- ☉ CASH= \$3,600.00 **BEST PRICE**

VAMPIRE™ FACELIFT

- ☉ Full price \$1,800.00
- ☉ Cash, Check, Credit card discount = \$1,260.00
- ☉ **COMBINATION Vampire Facelift™ and bone marrow treatment (done on same day) is \$4,200.00 BUT only if paid-in-full by cash. BEST DEAL for good looks and good health!**
- ☉ Total for doing both (on the same day) using a check or credit card is \$4,680.00.



ABOUT DR. STEENBLOCK

- [MS degree in Biochemistry](#)
- [Doctor of Osteopathy \(D.O.\)](#) degree. CA. licensed physician & surgeon.
- World class diagnostician (Trained as a [pathologist](#))
- Expert in diet, nutrition, herbal medicine, [hyperbaric medicine](#), [chelation](#)-detox, the use of [adult \(nonembryonic\) stem cells](#)
- Author “Chlorella, Natural Medicinal Algae” 1986 & co-author “[Umbilical Cord Stem Cell Therapy](#)” (2006)
- Created the stem cell mobilizer “[Stemgevity™](#)”
- Founder and President of [Steenblock Research Institute](#), a nonprofit organization devoted to research & education.

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From Dr. Steenblock and all the Staff at Dr. Steenblock's Clinic



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